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	<b>Title:</b>	<b>Bibliography of Isokinetic Research Clinical Study and Observation</b>	
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## *Journal Articles/Research Papers*

### Introduction

At CSMI, we are committed to increasing our level of knowledge by pursuing the highest standard of research in the industry. Of equal importance to us is sharing the information we learn through research with our customers. In addition to company related clinical documentation, CSMI also publishes this comprehensive bibliography of over 1,000 independent research articles to help set goals for patients based on category (i.e. age, gender, sporting activity, etc.)

Over the years, CYBEX Isokinetic Testing and Rehabilitation Systems have been praised for their intra-machine and inter-machine reliability. Information on the complete line of CSMI Testing and Rehabilitation, Cardiovascular and Strength Systems may be obtained by calling CSMI at 1-781-297-2034.

Each item in this bibliography has been coded according to categories of interest.  
The code letters and corresponding categories are as follows:

#### Machine Codes

B-	Back Unit
C-	CYBEX
EDI-	EDI
F-	Fitron
Kn-	Kinetron
Ks-	Kinestim
O-	Orthotron
U-	Ube
VR-	Variable Resistance

#### Joint Codes

A-	Ankle
E-	Elbow
H-	Hip
K-	Knee
N-	Neck
S-	Shoulder
T-	Trunk
TMJ-	Temporomandibular Joint
W-	Wrist

### Categories

1. The concept and effectiveness of Isokinetic exercise versus other exercise methods and modalities.
2. The use of Isokinetic exercise for rehabilitation and injury prevention.
3. The use of Isokinetic equipment for clinical testing and evaluation.
4. Research including an evaluation of the accuracy, reliability and objectivity of CYBEX instrumentation and testing methods.
5. The use of Isokinetic equipment for the measurement of prediction of human performance and capability.
6. The use of Isokinetic equipment for comparison of the effectiveness of various treatment and training methods.
7. The use of variable resistance equipment for comparison of the effectiveness of various treatment and training methods.

**NOTE:** Due to copyright regulations, we are unable to supply copies of any articles.

CODE		CODE	
	<b>1966/67</b>		Association for Health, Physical Education and Recreation Convention, Houston, TX, 1972
C,K,1,2,4	Thistle HG, Hislop HG, Moffroid M, et al: <i>Isokinetic contraction: A new concept of resistive exercise</i> . Arch Phys Med Rehab 48(June), 1966	C,E,1,6	Rosentswieg J, Hinson MM: <i>Comparison of isometric, isotonic exercises by electromyography</i> . Arch Phys Med Rehab 53(June):33-34, 1972
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