CSMi (www.csmisolutions.com), 781-555-1212

Patient: Potash, Rob
Usage:

Provider:
Date: 1/29/2006

	Date																								

1. (280) Inner Thigh (Groin) Stretch

Reps	3																								
Hold	5																								
Sets	2																								

2. (83) Active Hip Adduction in Standing

Reps	10																								
Hold	0																								
Sets	1																								

3. (81) Active Hip Abduction in Standing

Reps	10																								
Hold	0																								
Sets	1																								

4. (109) Resisted Hip Adduction

Reps	10																								
Hold	0																								
Sets	1																								

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