CSMi (www.csmisolutions.com), 781-555-1212

Patient: Potash, Rob
Usage:

Provider:
Date: 1/29/2006

EXERCISE PROGRAM

Nbr	Code	Description	Reps	Hold	Sets
1	280	Inner Thigh (Groin) Stretch	3	5s	2
2	83	Active Hip Adduction in Standing	10	0s	1
3	81	Active Hip Abduction in Standing	10	0s	1
4	109	Resisted Hip Adduction	10	0s	1

EXERCISE LOG

Date	Notes

Signature: _____

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